



Interested in **STUDYING ABROAD?**

Study abroad in high school on a full scholarship in:

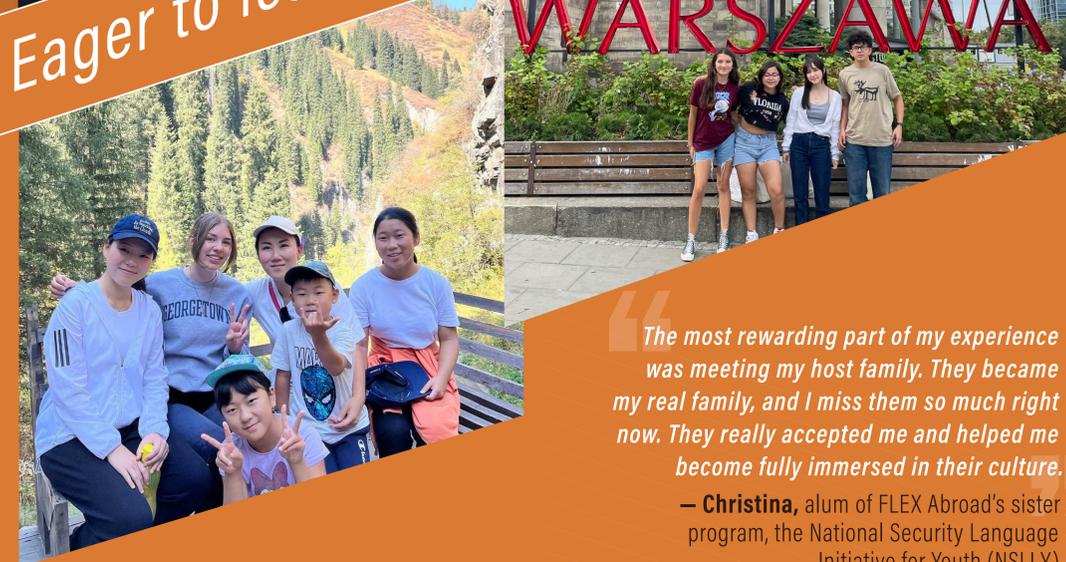
GEORGIA • KAZAKHSTAN • POLAND

Future Leaders Exchange (FLEX) Abroad students live with a host family and attend high school in one of three FLEX countries. As citizen diplomats, they form lasting relationships and promote mutual understanding between the United States. FLEX Abroad is a full scholarship program of the U.S. Department of State's Bureau of Educational and Cultural Affairs.

Launched in 1993 after the dissolution of the Soviet Union, the FLEX program strengthens ties between the peoples of the United States and Europe, Eurasia, and Central Asia. More than 30,000 FLEX alumni from 24 countries across Europe and Eurasia are making a difference in our world. To complement the FLEX program, FLEX Abroad was started in 2021 to give U.S. high school students the opportunity to explore these amazing countries.



Eager to learn **MORE ABOUT THE WORLD?**



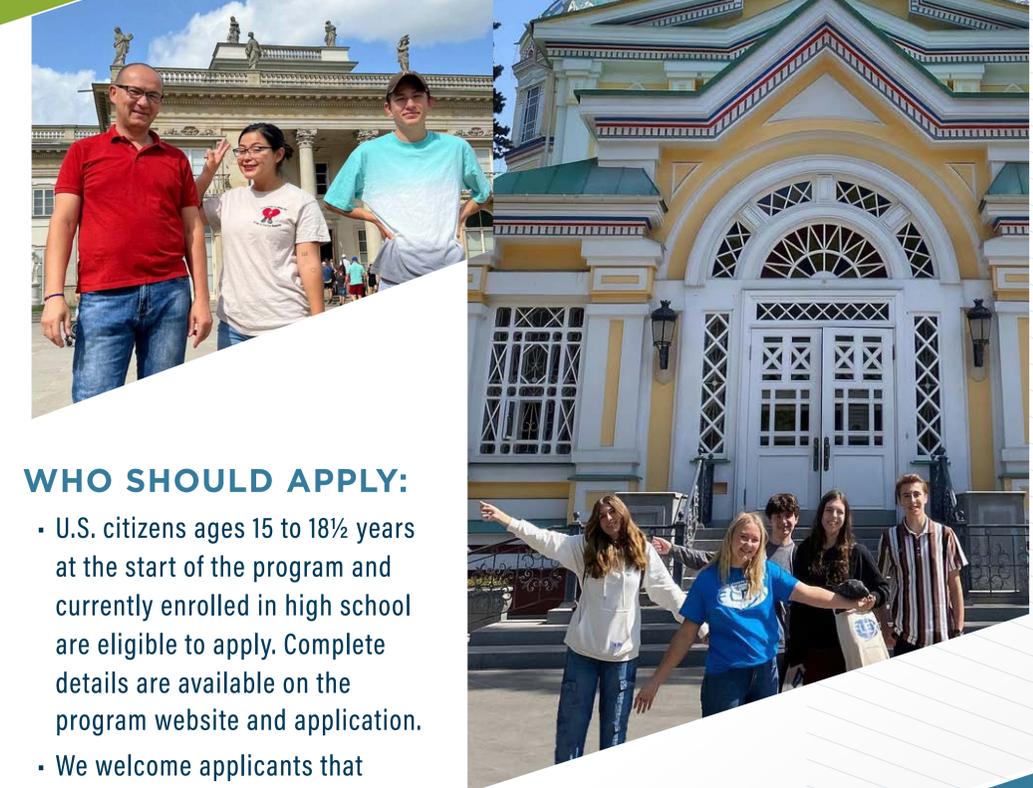
The program opened my eyes and heart to the global community. By being a daughter, sister and friend I was able to learn about and share culture. I now have two homes, two families and countless friends from around the world.
— **Hannah**, alum of FLEX Abroad's sister program, YES Abroad

By participating in FLEX Abroad, you will develop leadership skills, make friends in other countries, learn about a new culture by living with a host family, and gain an understanding of global interests and values that are shared across cultures. Your experience will promote the development of respectful and enduring relationships between Americans and citizens of other countries, while giving you new insights into your own culture and the world.

The most rewarding part of my experience was meeting my host family. They became my real family, and I miss them so much right now. They really accepted me and helped me become fully immersed in their culture.
— **Christina**, alum of FLEX Abroad's sister program, the National Security Language Initiative for Youth (NSLI-Y)

The chance to make person to person connections with locals allows for a unique level of cultural understanding that cannot be taught through any kind of guidebook.
— **Ryan**, NSLI-Y alum

Ready to embrace a **NEW COUNTRY** and **CULTURE?**



WHO SHOULD APPLY:

- U.S. citizens ages 15 to 18½ years at the start of the program and currently enrolled in high school are eligible to apply. Complete details are available on the program website and application.
- We welcome applicants that represent the diversity of the United States, including students with disabilities.

For more information:
www.discoverflex.org/flex-abroad
(800) 380-6552

Interested in hosting a FLEX student?
Visit www.discoverflex.org/apply-to-host

The U.S. Department of State reserves the right to amend the FLEX Abroad country list at any time.